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www.girldadindustries.com

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Abdominal Guard

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High impact resistant poly protector. Border bound with foam casing stuffed with fluffed cotton. Slip-infits into jock straps and briefs. Shaped to give optimum groin protection

Bag Gloves



GI-B-1002 Made of Artificial LeatherElastic cuff for easy on and of Size: S,M,L,XL Custom Logo & Design Possible.



GI-B-1001



Bounching Bags

GI-B-1003

This item requires Oversized shipping, please contact us directly at (877) 726-9464 for location specific shipping estimates. Shipping cost that may be calculated during checkout does not reflect the cost to ship this item. Back Bags eliminate the need for a heavy bag stand. They are great for indoors and for those who have a limited amount of space. The striking surface is madof durable Rip Stop Material over high density foam. Weighs 100 lbs. 23" x 23" x 72" Height.

GI-B-1203

Boxing Gloves



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Premium select leather outer layer Competition grade Quad Core with Gel Fusion for maximum performance and protection Special square shoulder design with tapered knuckle configuration for unmatched performance and strike power Sportline 3D heat and moisture management liner system Lace-up design to conform with competition requirements (8oz and 10oz fight weights)

Boxing Paddle



PRODUCT SELECTION GUIDE // MANUFACTURER & EXPORTER



Ideal training aid to increase punching precision, speed, accuracy. Made from Micro Fiber for extra durable and lightweight Reinforced handle with iron to ensure maximum durabilitySpecial handle designed for tighter gripsNylon packaging included



Form fit provides greater control through responsive feedback as you trai Flexible rubber soles with treads for a stable, anchored grip Lightweight for explosive mobility and precise footworkMid height build with long laces for a secure, supportive fitErgonomic drop in midsole provides cushioned comfortMesh panels maximize airflow and ventilation

Championship Belt



A heavyweight should never settle for one of those weak title belts youve seen floating around the web. Our belts crush the competition. We provide the most unique and easy to design options available to customize your belt for any champion. Belt Dimensions Height: 10" Length: 52" Main Plate Dimension: Height: 9" Width: 13" Belt Fit: Closest buttons to farthest buttons 37"49" All straps are made of Synthetic Leather

Double end Balls

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GI-B-1602



GI-B-1603



This Double endball/ Boxing Punch Bag has been designed and made from the highest quality leather material. Incorporating double stitched edges to maximum strength plus aid all round durability this speedball is suitable for Boxing MMA Training and general fitness speed work. Our Double end speed ball is a great item of training equipment for boxing, kick boxing, martial arts, MMA, boxercise and general fitness use, Our Boxing Speedball is great for hand speed work and agility, improving balance and giving a rhythm to the fighter, Our speed ball is made from genuine leather and lined with multiple layers of material to give it extra strength, The rubber bladderin the ball is similar to that of a football in that it is simply pumped to give itthe speed ball shape, Strong genuine leather construction, Made from topquality materials, Customize colors, Custom logo can place on the productCustomize sizes are offered,

Elbow Protection



GI-B-5001



GI-B-5002



GI-B-5003

pull on style sleeve supports the elbow. Breathable terrycloth lining wicks away moisture. Padding offers additionalcushioning and support. Fits left or right. **Fitness Gloves**



GI-B-6001

1. This half finger gym gloves for men is made of high-quality microfibermaterial through careful design and manufacture, with moisture absorption and perspiration, dry and breathable characteristics, is a high-quality



GI-B-6003

Grappling Dummy



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Strong base with sand filled up bottom half of the legs. The neck is designed to support rear naked chokes, guillotine chokes, darce choke, anaconda choke etc, just like you would do on a real person. Good for all kind of controls; side mount, full mount, north south, back control etc. Features: Has hands and feet Suitable for all MMA/BJJ positionsRealistic posture for in your guard Durable microfiber outer shell All submissions are possible Great for drilling or practicing at home

Head Guard



Sting Orion Gel Open Face Head Guard Neo Gel for Shock absorptionHigh Profile padding to brow, cheek and temple Maximum vision Premium leather outerGel fusion for strike absorption anatomically designed with non-slip lining



Manufactured from woven carbon fiber fabric for ultimate strength.Ayz-F™ elastic for enhanced comfort and securityComes in a half-finger design

Jumping Rope

PRODUCT SELECTION GUIDE // MANUFACTURER & EXPORTER



Ball bearing swivel to ensure a tangle free skippingPVC protected coated steel cable for superior longevity Dimensions; 3 Metre Cable, 2.6mm Cable with 15cm handlesFully Adjustable, just loosen the screws and set desired length



Material: 35% PU Foam, 25% Nylon, 20% Neoprene, 15% Polyester, 5% Natural Rubber Latex

Medicine Ball



Medicine Ball is expertly manufactured with thick synthetic leather material for resiliency. The solid material offer better for split tear and cracks. Medicine ball is a great way to improve overall strength, explosive power and speed. The durable construction material of this med ball perfectly assists you during cleans, crunches. The stitching expertise make this an extremely durable leather ball. The close knitted needlework ensure that the ball will not lose its shape even after rigors of use. 8 panel design makes it easy to grip the ball in general, and makes the ball perfect for rotational ab exercises. The interior filling is solid with natural and synthetic fibers. This makes our gym ball a very efficient tool for performing rotational and swinging type movements that focus on working the core area during training sessions. There is some filling of sand inside the ball, which makes it evenly weighted. Go for jackknife, squat and reach, med ball pushups, betweenknees crunch, sit-ups, and one arm pushups knowing you have a comfortable hold. The Medicine Ball provides you with a very secure grasp to work on your entire body. Light smooth exterior allowsyou to have a firm hold on the ball when catching or holding. It has a gluey feel that enhances the ability to hold on. This ball also has a good level of balance to go along with.

MMA Gloves



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Constructed from 100% genuine leather Gloves are designed to naturally contour to the knuckles in a compact, curved shape toreduce hand fatigue The open-palm design allows maximum dexterity for grappling and fully-adjustable wrist wraps provide extra support

GI-B-2101



Sparring Gloves



GI-B-2103



100% premium full-grain leather Our top of the line T3 made with 100% premium full-grain leather makes Kanpeki our most luxurious Boxing Gloves. Available in 12oz and 16oz ideal for bag, pads and sparring. Check out all T3Kanpeki features here. Handcrafted using full-grain leather makes T3 Kanpekithe most premium boxing experience for athletes of all levels. Your knuckles and hands are protected by a patented foam composition, while your wrists are kept secure by award-winning splint support. The rich leather smell alone will make this your go-to glove for intense training sessions. Premium full-grain leather Industry-eading wrist support Custom fit by Dual-X™ High impact absorption layered foam Protection from odor causing bacteria

Training Gloves

GI-B-2201



GI-B-2202



GI-B-2203



They have a durable, synthetic leather outer with ergonomic finger loops which make them super comfortable for long periods of time. The double wrap wrist strap with hook and loop provides excellent support and make them easy to put on and take off. The Bytomic Red Label range is designed to last with a clean minimal style at an affordable price. The company has thirty years of experience andknowledge in the martial arts, making these items built for durability as well as your typical workout needs! Dense foam padding Double-wrap wrist strap Padded thumb Ergonomic finger loops Easy on and off Hook and loop strap

Angle And Upper Cut Bag

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GI-MMA-701



GI-MMA-702



GI-MMA-703



Leather Angle Punchbag is handcrafted in a high quality hide leather outer, filled with shredded fabric. A foam jacket separates the leather outer and inner fabric. The foam jacket is a whopping 5cm (2 inches) thick, this gives an even and neat look to the bag and more importantly offers increased shock absorbency for less stress on hands, wrist and elbow joints. Cow hide classic brown leather Requires a 6 hook chain Weight: 34kg approx.

Anklet Sleeves



GI-MMA-801



GI-MMA-802



GI-MMA-803



Gym Needs ankle socks have true compression and stabilization technology that provides superior support and pain relief from: Plantar fasciitis Ankle/foot swelling, injuries, pain Ankle/foot recovery, circulation, maternity/pregnancy

Chest Guard



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GI-MMA-901







Chest Guard Boxing MMA Kickboxing Body Protector Martial Arts WTF Reversible Rib Taekwondo Target Training Uniform Material: High quality PU Leather

GI-MMA-1001



Focus Pads

GI-MMA-1002



GI-MMA-1003



Material: Available in both (Genuine Leather / PU Leather)Colors: Various Colors and Combinations AvailableSixes: All Sizes Available (Provide your Custom Size)Custom Printing Availability (Comes with your logo or any other Custom printing)

GI-MMA-1101



Free Standing Bags



GI-MMA-1101



Made with high-density foam padding for maximum impact absorption, the Wavemaster 2XL Pro features the most padding of all the Wavemaster bags, plus a longer striking area for practicing kicks and punches. The tapered base allows for an unimpeded stance for athletes of all sizes. Bag and base lock in place, while the base can be filled with water or sand. Approx. 270 lbs. when filled with water. Dimensions Bag: 18" Diameter x 52" Tall Base: 28" Diameter, Base Height: 14.25"; Total Height 69" Tall Warranty One-year warrantyon all Wavemaster training bags. Additional Information

Groin Guard



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The distinct style of luxury protective wear, hand-crafted to create the ultimate in elegance and refinement. This groin protector bears the name Wraith, due to its feather-light supreme leather construction - so excellent you'll forget you're wearing it. The superb design is reflected in every detail of this protector, from the flawless contoured shape that allows for a complete range of movement without sacrifice to the refined leather and intricate detail that adorn every Fly product. Created from a timeless combination of fine materials and meticulous British craftsmanship.

Hand Wraps



Kick Thai Pads



Boon Sport Thai Kick Pads / Curved / Brown BlackSuper thick top grain cowhide leather, treated to increase water resistance and durability. Strong foam provides excellent support while being lightweight. Extra strong belt and buckles.

Kicking Shields

PRODUCT SELECTION GUIDE // MANUFACTURER & EXPORTER



GI-MMA-1501

GI-MMA-1502

GI-MMA-1503









Boon Sport Thai Shields / Curved / Brown Black Super thick top grain cowhide leather treated to increase water resistance and durability. Strong foam provides excellent supportwhile being lightweight Extra strong belt and buckles.

Knee Wraps







GI-MMA-1601

GI-MMA-1602

GI-MMA-1603

Protect yourself from a knee injury and increase knee stability with a medical-grade compression level knee brace. Our EXTREME knee compression sleeves are designed to give the perfect amount of support, protection, compression, and warmth to the knee area yet still allow flexibility and movement. A knee support sleeve helps athletes by increasing blood flow and knee pain relief during and after the performance. Ideal for powerlifting, squats, and weight lifting, and also great for Crossfit WODs or any sport where some knee protection and support are needed. Each compression knee sleeve is available in 5mm and 7mm should you require even more support. Don't think twice and get the best compression knee sleeve on the market. HOW TO USE Sports injuries can happen; using your knee compression sleeves and knee braces correctly is essential. Because our knee compression sleeves have a snug fit, we recommend sliding up over your foot, folding in half, then pulling them up to your desired area. This way, you can ensure you are appropriately protecting your knee joint and meniscus tear. FEATURES Choose the best compression sleeve for you; we have different sizes for you to select the most comfortable to wear. Each one is carefully made with high-quality breathable mesh.

Mauy Thai Shorts



Muay Thai shorts are essential for training and competition because they're short and allow freedom of leg movement so that kicks can be higher and faster. They are not just for comfort but also provide the style and the feel of the sport because they have a distinct style, unlike other shorts that you may see. These Muay Thai shorts are available in child sizing and adult sizing in many different styles. Made out of satin with elastic waistband for optimal comfort.

MMA Short

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MMA Shorts allow you to look wild and brave in stylish compression shorts built with your comfort and training in mind. It is designed for high-performance training, whether extreme workouts, cardio sessions, or training on the mat, and It gives you a full range of motion with maximum comfort.

Duo Shorts







GI-MMA-2501

GI-MMA-2502

GI-MMA-2503

5"-inch seam Elastic waistband and drawstring Soft compression liner2 front pockets 2base layer pockets Back zipper pocket Towel holder Quick-dry Breathable

Grappling Shorts







GI-MMA-2602



GI-MMA-2603

Elastic waistband and drawstring system (no Velcro)92% stretchable polyester micro-fabric, 8% spandexFlex panel inseams for extra mobility and range of motionHigh quality sublimated graphicsMedium length, mid-thigh cutA more "tailored" feeling fit

Highlite shorts

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GI-MMA-2702



GI-MMA-2703



Fabric: Highlite® 4-way stretch fabric - lighter, dryer and more flexible Recycled polyester elastane blend fabric

GI-MMA-1901

MMA Socks



GI-MMA-1902



GI-MMA-1903

Get ready to shamrock and roll this St. Patty's Day in true Gonzaga Bulldogs style with these vibrant crew socks from Rock Em Socks. The breathable construction, form-fit band and stretchy fabric keep you comfortable. On top of that, the striking Gonzaga Bulldogs graphics and spirited shamrock pattern add some luck to your holiday apparel. Imported Breathable construction Crew lengthForm-fit band Formed heel Padded sole and toebox Woven graphics Material: 42% Polyester/38% Cotton/13% Nylon/6% Natural Latex Rubber/1% Spandex



GI-MMA-2001



Mouth Guard



GI-MMA-2003



GI-MMA-2002

Designed for instant backup protection, the Snap-Fit Mouthguard is perfect for those situations where you need a safe and secure mouthguard that you can use straight out of the case and into your mouth for immediate gameplay. An essential to keep in every kit bag just in case you lose or misplace your mouthguard. Instant protection Instant fit and comfort No moulding or boiling required Short-term protection

Punching Bags

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GI-MMA-2102



GI-MMA-2103



4FT Boxing MMA White/Gold Color Heavy Punching Bags - 85LB 15" DiameterHigh-Grade Chrome D-Ring Hardware (Maximizes Life)Triple Stitched Straps and SeamsHigh grade skins for Easy Cleaning and DurabilityFilled and ready for useWeatherproof



Sauna Suit



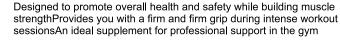






GI-MMA-2203







GI-MMA-2301 GI-MMA-2302





GI-MMA-2303

Shin Guard

shin guards are the newest addition to range. Designed for ultimate durability to withstand any kind of kick or knee. With triple velcro closure these shin guards hug your legs to make them one with your body, so comfortable and light you'll forget you're wearing them. The shin guards guards are covered with a durable leather which covers unique light yet durable foam design.

Brazilian Jiu Jitsu



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Karate Uniform



GI-U-301



Our newest and lightest weight uniform. Ideal for students. 55% cotton/45% polyester blend. Reinforced stitching at seams provides strength for even the most strenuous workout. Set includes jacket, pants and white belt. Pants feature an elastic drawstring waist. Machine washable.





Brazilian Jiu Jitsu Bjj Belt

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GI-U-001







Sports Brazilian Jiu Jitsu Bjj Belt





GI-U-003



Premium Brazilian Jiu Jitsu Bjj White Belt made up of Pearl Weave Width 2" Stitched with Perfection Durable & Long lasting Black patch for rank stripes Available colors: White, Blue, Black, Brown & Purple

Taekwondo uniform



PRODUCT SELECTION GUIDE // MANUFACTURER & EXPORTER



WT Competition uniform meeting all current WT standard size specsDesigned for WT competition and high level intensive trainingIncredible comfort and manoeuvrabilityFeatures targeted ventilation on back of the neck, armpits, side panels, top of pants and behind the kneesThe 1st choice of 2020 Tokyo Olympic athletesPRIMEGREEN – Made from high performance sustainable polyester

Rash Guard



The Ground Force Rank Rash guards are the best choice for any grappler or BJJ practitioner. The ranked rash guards by Ground Force are made out of a thicker material than most other rash guards. The high quality polyester/spandex mix will make sure this rash guard will last for a long time

Compression Wear



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